



A Compassionate Heart

A division of Harrison Consulting

Offering parents and children the tools to help their families have fun, bond and grow.

You Are

You are strong... when you take your grief and teach it to smile.

You are brave... when you overcome your fear and help others to do the same.

You are happy... when you see a flower and are thankful for the blessing.

You are loving... when your own pain does not blind you to the pain of others.

You are wise.. when you know the limits of your wisdom.

You are true... when you admit there are times you fool yourself.

You are alive... when tomorrow's hope means more to you than yesterday's mistake.

You are growing... when you know what you are but not what you will become.

You are free... when you are in control of yourself and do not wish to control others.

You are honorable... when you find your honor is to honor others.

You are generous... when you can take as sweetly as you can give.

You are humble... when you do not know how humble you are.

You are thoughtful... when you see me just as I am and treat me just as you are.

You are merciful... when you forgive in others, the faults you condemn in yourself.

You are beautiful... when you don't need a mirror to tell you.

You are rich... when you never need more than what you have

You are you... when you are at peace with who you are not.

Author Unknown