



Advanced Parenting: *Understanding Attachment*

Understanding Attachment is designed to provide a basic understanding of:

- The Bonding Cycle – how attachment is formed
- What can disrupt the bonding cycle
- What effects a disruption in the bonding cycle creates
- Identifiable behaviors of Reactive Attachment Disorder (DSM IV)
- A Model for Success
- Parenting Strategies
- Therapeutic Strategies
- Where can I find resources?

Understanding Attachment is designed to give parents/caretakers tools to help them understand their children better so they can help them heal.

Understanding the basics of attachment provides the foundation to build skills to parent a child with attachment issues or Reactive Attachment Disorder. Parents will learn skills to parent their children more successfully eliminating frustration, anger, and helplessness. In addition to skills, resources will be offered to give parents opportunities to find the specific help that their child may need. Parents will be encouraged to smile, laugh and have fun!

Course Presented by:

Suzanne Harrison, Harrison Consulting, has been training since 1986. She presents workshops and seminars throughout New England. Suzanne is a Certified Instructor for Advanced Parenting for Challenging Children. Suzanne, her husband and adopted son live in Derry, NH.